

**Tradeport Pizza Sponsors a Bike/Walk to Work Breakfast Station on May 18<sup>th</sup>**  
*Stop Part of National Event to Highlight Traffic Congestion and Health*

(Portsmouth) Pease International Tradeport tenant *Tradeport Pizza* will participate in the **5<sup>th</sup> Annual Seacoast Bike/Walk to Work Day** on May 18<sup>th</sup>. The pizzeria is just one of several locations hosting commuter breakfasts in conjunction with Seacoast Area Bicycle Routes (SABR). Other include: Downtown Portsmouth, Stratham Industrial Park, Downtown Exeter, Downtown Dover, and Downtown Rochester.

The goals of Bike/Walk to Work Day are to promote bicycling as a healthy and safe way to get to work, decrease traffic congestion, improve air quality, and raise public awareness of opportunities to improve bike facilities around the State.

Over the past two years, more than a thousand participants have traded gasoline for free bagels and cream cheese in 13 cities and towns all across New Hampshire such as Claremont, Concord, Dover, Durham, Exeter, Hanover, Keene, Laconia, Lebanon, Littleton, Manchester, Portsmouth and Stratham.

According to SABR:

- Bicycling is part of the solution to a whole range of challenges: the high cost of gasoline, traffic congestion, air pollution, rising obesity rates, and more.
- Over 22% of all motor vehicle trips Americans take are less than one mile long, and 50% of the working population commutes five miles or less to work, an easily bikeable distance.
- If the average person biked to work once every two weeks instead of driving, we could prevent the pollution of close to one billion gallons of gasoline from entering the atmosphere every year!